

**St Cecilia's Public School
For the Month of July 2022**

**Workshop by Honourable Dr Charvi Kalra on 'Medical Emergencies – Do's and Don'ts'
Basic First Aid for Medical Emergencies**



On 28.07.2022, the school organized an informative workshop on the topic ' Medical Emergencies – Do's and Don'ts'. Accomplished Dr Charvi Kalra addressed the students of Class IX and VI in an interactive session. The guest was welcomed with a green sapling memento to celebrate nature.

The main purpose of this session was to familiarize the students with basic first-aid procedures. By the time the session was over, they were able to recognize the benefits of obtaining first-aid and CPR certification; identify proper procedures for a variety of medical emergencies; assist in administering first aid when any one is injured; and do no further harm.

The interactive session made students aware that why "Basic First Aid for Medical Emergencies" matters. What you do in those first few seconds and minutes can make the difference between life and death. Quick, calm, and correct action can make all the difference. "First Aid" is emergency care given to the sick or injured before medical personnel arrive. That's why knowledge of first aid and CPR (cardiopulmonary resuscitation) is so important. The speaker closed the session by emphasizing that when a serious injury occurs, one has to think and act quickly. Medical assistance may be only minutes away, but sometimes seconds count.

The school on behalf of respected madam Principal expressed sincere gratitude to Dr Charvi Kalra for her valuable time and guidance. The students applauded the enthusiasm and commitment of the spokesperson.